



*It's all about the catch and the characters! -Jardar Nygaard*



What goes into catching fish and transforming them into mouth watering dishes? Jardar Nygaard's answer is to take you out on the open ocean to capture the action behind large scale sustainable fishing in the US and around the world. Jardar brings these stories to life with an inquisitive personality, great sense of humor and a life-long passion for fishing and the seafood industry. He's the genuine article with an expert eye as both a seafood store owner and commercial fisherman.



Jardar is most happy on the hunt, working alongside other fisherman, helping them make a living, all while getting their story and the excitement behind what they're catching. From fisherman, deck hands, dockworkers and fishmongers alike, Jardar also hunts for the stories from the best characters that inhabit this industry. Perhaps what makes Jardar's work most satisfying is in the sampling of the catch dockside, at a restaurant or on the beach- with the men and women he helped to catch it.



Jardar Nygaard, *The Fish Hunter*, has been in the seafood business his entire professional career, hunting for fish in the ocean and at the world's biggest markets. Not only has he been fortunate to make a living in the industry he loves, he's also made many great friends along the way. Several years ago he sold two popular seafood markets and currently owns an oyster business which he personally tends to year round, no matter the weather.

Originally from Norway, Jardar's family moved their seafood business to the the U.S. when he was four. When he's not hunting for fish or tending to oysters, he's dedicated to martial arts training and competition. Jardar lives in Connecticut with his wife and three children.

